Grassington: a walk through the meadows

Distance: 5.5km (3.5 miles) **Time:** a minimum of 1¹/₂ hours

Accessibility: a moderate climb out of the village. Several narrow stone stiles and steps.

Riverside paths can be muddy.

Parking: Grassington National Park Centre (BD23 5LB—SE 00283 63750)

Other transport:

- bus 72 from Skipton, bus 74 from Ilkley
- Cycle lockers and stands by the National Park Centre

Toilets: Grassington National Park Centre

Refreshments: shops, cafés and pubs in Grassington

Closest National Park Centre: Grassington National Park Centre BD23 5LB (call 01756

751690)

Route description

- 1.Leave the National Park Centre car park, heading for Grassington village centre. Follow the road up through the village square and at the top bear right in front of the Town Hall onto Low Lane.
- 2.After a short distance turn left onto High Lane signposted 'Hebden 1.5 miles' and continue until you reach a footpath leading off the lane to the left.
- 3.The path gradually climbs through fields, crossing ancient drystone walls using stone stiles. In spring and summer birds such as lapwings and curlews can be seen and heard. Outstanding views of Barden Moor, Burnsall Fell and Cracoe war memorial can be enjoyed from here. Bear right on a footpath across the fields past the ruins of Wise House, an ancient farmstead.
- 4. Continue to the small coppice and turn right by the wallside, ignoring the stile and follow the sign for the B6265 dropping down through the woods to cross the B6265 road.
- 5.Continue past Half Way House Farm to reach the River Wharfe opposite St. Michael's and All Angels, Linton Church, which dates back to the 12th century.
- 6.Ignore the stepping stones, turning right through the gate and along the track. Continue past the hatchery until you reach the Dales Way signpost on your left. Go through the stile and down the steps to follow the riverside footpath to Linton Falls. The Falls are spectacular after heavy rainfall and also at low water when deep gouged holes can be seen. From here take the flagged narrow Sedber Lane back up to the National Park Centre.



