

# Janet's Foss and Malham Cove

**Distance:** 6.3km (3.9 miles)

**Time:** a minimum of 1½ hours

**Accessibility:** the valley bottom path can be boggy when wet. Some sections are rough with rocky outcrops and tree roots. The limestone pavement at Malham Cove should be crossed with care.

**Parking:** Malham National Park Centre (BD23 4DA SD 90016 62628)

**Other transport:**

- cycle stands at the National Park Centre

**Toilets:** Malham National Park Centre

**Refreshments:** cafés, pubs and shops in Malham village

**Closest National Park**

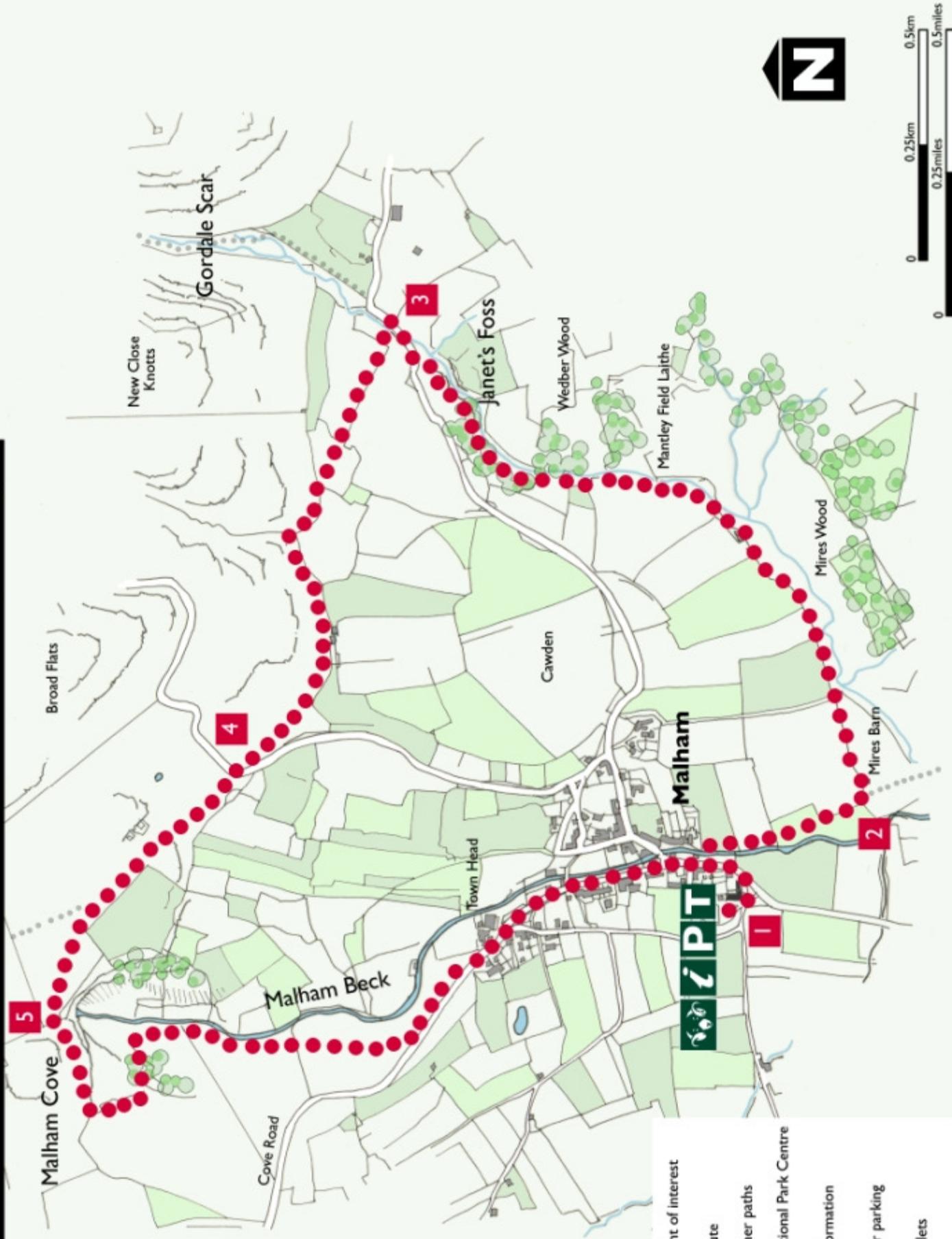
**Centre:** Malham National Park Centre BD23 4DA (call 01729 833200)

## Route description

1. Leave Malham National Park Car Park turn left and head into the village looking out for the Malham Smithy on your right. As you approach the Smithy turn right onto an old stone clapper bridge. On the far side of the bridge turn right onto the Pennine Way. Follow the Pennine Way until you reach two wooden kissing gates.
2. Turn left through the gates and follow the stone flagged path all the way through open fields. Pass through a gate into the woodland. In the spring and summer months carpets of bluebells and wild garlic can be seen in and amongst the ash, birch and hazel trees. The path weaves its way up to Janet's Foss waterfall. Foss is the old Norse word for waterfall or force. It is believed that Janet was the queen of the local fairies and lived behind the Foss. Follow the path up past the waterfall taking care over the rocks and tree roots, until you reach Gordale road.
3. Turn right on the road and after a short distance turn left onto another footpath shortly before a bridge. This is followed up through fields, pass through two narrow gates and then bear left on a stony path which follows along a ledge of open access land.
4. When you reach the road turn right for a short distance, cross the road and then left over a stile onto a footpath across open fields. Follow this path for 500 metres to a junction and wall corner where you stay left.
5. This path takes you to the top of Malham Cove – take care near the edge. Limestone rock can be extremely slippery when wet. Fine views down Malhamdale can be enjoyed from the top of the Cove. Cross the top of the Cove and take the stepped path back down to the foot of the Cove. Follow the level clear path back to the village.



# Janet's Foss & Malham Cove distance 3.9 miles (6.3km)



	Point of interest
	Route
	Other paths
	National Park Centre
	Information
	Car parking
	Toilets

